

Fairhouse Primary School



Food Policy

Updated: Autumn 2017

To be reviewed: Autumn 2019

Mission Statement

Fairhouse Primary School recognises the importance of good nutrition on pupils' emotional and physical health and wellbeing and the affects this has on an individual child's ability to maximise their educational attainment.

Aim

- To promote consistent messages throughout the whole school by ensuring all policies, procedures and daily working practice follow this policy.
- To make sure that nutrition has a prominent place in school life.
- To offer healthy food and drink choices at all appropriate opportunities.
- To ensure the food environment promotes a happy, pleasurable experience.
- To have clarity regarding the financing of school food and drink.

Objectives

- Ensure that all food and drink served reflects the needs of all consumers and makes healthy choices easy to take. The school is able to accommodate a range of diversity needs.
- Regularly review occasions during the school day to ensure that food and/or drinks are available when needed and meet statutory requirements:
 - Before/after school
 - Break times
 - Lunchtime
 - Special activities e.g. sports day, parents evening
- Provide food and drink that allows individuals to:
 - Drink cool water frequently throughout the day
 - Eat healthily without financial disadvantage
 - Follow special diets/cultural requirements
- Create a pleasant eating environment that is appropriate to the age of the consumers.
- Design a curriculum that delivers complimentary and developmental nutrition messages throughout a pupils school life.
- Consider nutritional consequences of any organisational change before it happens. Action will be taken to minimise an negative impact.
- Ensure the healthy choices are affordable to all students and that promotions and offers encourage healthy eating.
- Regularly monitor the impact of this work.

How we do it

- Include providers and consumers (both adults and young people) in all processes that review, change or evaluate service delivery.
- Identify and remove all conflicting information and practices e.g. classroom reward schemes, fundraising using promotions on confectionary products and special offers. Provide access to

training to ensure staff are supported to carry out necessary change. This process will start with the school council/health forum/school nutrition action group and continue via appropriate sub-groups.

- Review the process annually alongside other school policies and procedures to ensure congruence.

Who will be involved

Representatives from the following groups are invited to be involved in all development, decisions and actions, for further developing the healthy eating agenda.

- School Staff
- School Council
- School Governors
- Catering Staff
- Parents